



Fullerton College
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Re-entry Connect

PRESENTS:

S T R E S S

M A N A G E M E N T

T E C H N I Q U E S

W O R K S H O P

**Workshop Located:
Career & Life Planning Center
Building 2000, Room 2029**

MONDAY | 10/15/18 | 2:30 - 3:30 PM

TUESDAY | 11/6/2018 | 12:00 - 1:00 PM

No RSVP Needed . Contact Us At
re-entryconnect@fullcoll.edu